

## TOUR RULES

We need to have a few basic guidelines in order to keep you all safe and healthy and the staff sane. The rules set out below for the duration of the tour are designed to ensure that you perform at your best in all the concerts, that you have a great time without becoming ill, and that staff know most of the time where you are!

Please comply with all requests and instructions from NYO and hostel staff — we want to make the tour as successful and enjoyable as possible.

- It is illegal in the UK to travel in a coach without your seat belt on, so remember to keep seat belts fastened on all journeys. Please keep coaches litter-free by using the rubbish bags provided.
- Members who are under 18 (i.e. most of you) must not drink alcohol while you are on tour with the orchestra.
- Do not congregate in rooms other than your own as this will disturb other guests in the hotel and NYO members who might actually want to sleep. There are social areas downstairs which you can use in the evenings.
- You should not go out of the hostel in the evenings without an accompanying NYO staff member.
- No smoking in and around the hostel or at the concert venues
- Absolutely no illegal drugs
- On sight-seeing trips and during your free time, do not go around in groups of less than four and make sure that at least one of you has a working mobile phone which is fully charged and switched on. Ensure that you are back at the hostel, or designated meeting place, by the time specified by staff.
- We do not intend to enforce a particular time for going to bed each night — it will depend on whether or not there is a concert or rehearsal the next day. We need you to be sensible about this; please go to bed when staff ask you to do so.
- Be considerate — your room mates may want to sleep even if you don't!
- If you or any of your friends feel at all unwell during the trip, **for whatever reason**, even during the night, **PLEASE TELL US**. There will be places in the hostel where you can rest undisturbed if you are ill, but we need to know

about it. If someone has been sick, they could be in danger if they are allowed to go to sleep without being checked.

- Do not abuse the use of texts and social media when contacting other members of the group. Please respect everyone's privacy and right to courtesy and consideration.
- Please do not post photos or comments on social media websites which might damage the reputation of NYO or any of its members and staff

### **Rules for members over 18**

Year 13s may drink alcohol IN MODERATION, but please stick to the following rules:

- No drinking at lunchtimes
- No drinking at all before concerts
- **ABSOLUTELY NO ALCOHOLIC DRINK TO BE CONSUMED IN BEDROOMS.** Staff reserve the right to confiscate any alcohol found there and to send home (at your expense) anyone who breaks this rule.
- Do not buy alcohol for or give it to anyone who is under 18
- No binge drinking - this is dangerous to you and unpleasant for other people (including hostel staff who have to tidy up after you)
- Stick to beer and wine only - mixing drinks, especially spirits, can be dangerous

**N.B. Being allowed to drink alcohol is a concession and not a right - be sensible and do not abuse it or it will be withdrawn.**

IN THE EVENT OF SERIOUS BREACH OF THESE GUIDELINES, THE TOUR LEADERS RESERVE THE RIGHT TO SEND ANY TOUR MEMBER HOME, AT THEIR OWN EXPENSE,. IN PARTICULAR, THIS INCLUDES CONSUMING OR STORING ALCOHOL IN YOUR BEDROOM.

