

CHECK LIST OF THINGS TO TAKE

Passport NB **DO NOT PACK IT IN YOUR LUGGAGE** (it has been known!). Keep it accessible but in a safe place.

European Health Insurance Card

Money/travellers cheques/credit cards (see notes on currency). **YOUR PERSONAL BELONGINGS (INCLUDING MONEY, PASSPORT, CAMERA & MOBILE PHONE) ARE ENTIRELY YOUR RESPONSIBILITY.** The hostel reception has a safe which can be used free of charge if you want to keep valuables locked up.

Instruments, music & folder, 1 music stand per desk (clearly named), spare strings/reeds etc. Cellists need floor protectors and a set of elastic luggage straps to secure instruments in the van.

Concert dress:

Girls: all black: long black dress or skirt or trousers and black tops- strappy tops are OK as long as they look formal. However, the churches we are playing in may insist on shoulders being covered, so come prepared with a black scarf or suitable top. **Absolutely no cropped tops or split skirts. Please make sure that skirts are long or at least mid-calf length** (especially cellists!).

Boys: black trousers, black shoes and **black socks**
2 black **long sleeved** shirts

Washing things -& personal medication.

Adaptor for electrical items such as razors, hair straighteners and mobile phone chargers. The voltage in Belgium is 220V AC with two-pin round-pronged plugs.

Coat hangers - depends how many clothes you bring but concert dress certainly needs to be hung up

Sun glasses, sun hat, and sun cream with factor at least 25. Please do not go outside if it is hot without using some protection.

Beach towel and swimwear - we may go swimming (supervised by staff and lifeguards) if it's hot. Please let Margaret know if you do not wish your child to swim,

Comfortable shoes to wear while sight-seeing plus **something to wear if it rains** (Antwerp is prone to thunderstorms in summer).

A sensible bag to carry around with you - one which is as "thief-proof" as possible. You can buy small backpacks which have a zipped pocket at the back (i.e. not facing outwards).

Drinks and snacks for the coach journey. We will have a five-hour journey to Dover with just one stop.

Plastic bottles to use for carrying cold drinks when we are out and about.

Other items: Camera, CD/MP3 player, alarm clock, **DVDs for the coach journeys, mobile phone charger**, guide books, a plug-in insect repeller for nights or roll-on or spray-on insect repellent if you are susceptible to bites. You may also want to bring a small pillow and a rug or fleece to make the coach journey more comfortable. A small packet of tissues and pocket-sized anti-bacterial handwash. to carry with you on the coach and when sight-seeing. A **small mirror** if you want to use one in the bedroom (there are some in the bathrooms)

LUGGAGE

Please limit your luggage to:

- One suitcase (pack your music and stand in this)

- Your instrument (write your name and address on a card inside)
- One small piece of hand luggage with things for the journey **and your passport.**