

## TOUR RULES

We need to have a few basic guidelines in order to keep you all safe and healthy and the staff sane. The rules set out below for the duration of the tour are designed to ensure that you perform at your best in all the concerts, that you have a great time without becoming ill, and that staff know most of the time where you are!

Please comply with all requests and instructions from NYO and hotel staff — we want to make the tour as successful and enjoyable as possible.

- It is illegal in all EU countries to travel in a coach without your seat belt on, so remember to keep seat belts fastened on all journeys. Please keep coaches litter-free by using the rubbish bags provided. There is nothing worse than a grubby coach after 24 hours!
- Members who are under 18 (i.e. most of you) must not drink alcohol while you are on tour with the orchestra.
- **ABSOLUTELY NO ALCOHOLIC DRINK TO BE CONSUMED IN BEDROOMS.** Staff reserve the right to confiscate any alcohol found there and to send home (at your expense) anyone who breaks this rule. This is for your own safety.
- Do not congregate in rooms other than your own as this will disturb other guests in the hotel and NYO members who might actually want to sleep. There are social areas downstairs in reception and in the bar area which you can use in the evenings.
- No smoking in and around the hotel or at the concert venues
- Absolutely no illegal drugs
- Do not purchase BB guns, knives, or any other potentially dangerous weapon
- On sight-seeing trips and during your free time, do not go around in groups of less than four and make sure that at least one of you has a working mobile phone which is fully charged and switched on. Ensure that you are back at the hotel, or designated meeting place, by the time specified by staff.
- We do not intend to enforce a particular time for going to bed each night — it will depend on whether or not there is a concert or rehearsal the next day. We need you to be sensible about this; please go to bed when staff ask you to do so.

- Be considerate — your room mates may want to sleep even if you don't!

### Rules for year 13 members

Year 13s may drink alcohol IN MODERATION, but please stick to the following rules:

- No drinking at lunchtimes
- No drinking at all before concerts
- **ABSOLUTELY NO ALCOHOLIC DRINK TO BE CONSUMED IN BEDROOMS.** Staff reserve the right to confiscate any alcohol found there and to send home (at your expense) anyone who breaks this rule.
- Do not buy alcohol for or give it to anyone who is under 18
- No binge drinking - this is dangerous to you and unpleasant for other people (including hotel staff who have to tidy up after you)
- Stick to beer and wine only - mixing drinks, especially spirits, can be dangerous

N.B. Being allowed to drink alcohol is a concession and not a right - be sensible and do not abuse it or it will be withdrawn.

Please return to the hotel in the evenings by the time staff ask you to be back, and if you are late, ring someone to explain. There will be a signing in and out sheet which you must fill in whenever you leave or return to the hotel.

IN THE EVENT OF SERIOUS BREACH OF THESE GUIDELINES, THE TOUR LEADERS RESERVE THE RIGHT TO SEND ANY TOUR MEMBER HOME, AT THEIR OWN EXPENSE,. IN PARTICULAR, THIS INCLUDES CONSUMING OR STORING ALCOHOL IN YOUR BEDROOM.

